

2008 Flu Questionnaire

Below is a questionnaire for the homeopathic indications that fit the 2007-2008 *Phosphorus genus epidemicus*. It is included here as an example of the type of questions and scoring that will be used by the study coordinator to determine if patients presenting with ILI fit the picture of the selected remedy. It will not be used as presented below in any other influenza season which may require a different *genus epidemicus* with different distinguishing characteristics. It does not include the generic flu symptoms which qualify patients as being diagnosable with the flu (those are separately determined), but only the specific symptom characteristics that define that particular *genus epidemicus* and, consequently, the patients' fit with the remedy. Its only purpose was to isolate the *Phosphorus* patient during *that* particular epidemic, and may not accurately identify *Phosphorous* patients in a future, distinct epidemic, who may present with different characteristic symptoms of that remedy. This is not a checklist of *Phosphorus materia medica*, but rather a compilation of the most characteristic symptoms of *patients in that* year's flu.

Remedy symptom questionnaire

Does the patient have:

1. Respiratory symptoms that began with a sore throat, ____ (3)
 - a. markedly dry throat, mouth, lips__ (3)
 - b. With burning pains,____(1)
 - c. that later extends to a cough, ____ (3)
 - d. and later to the development of a headache. ____ (1)
 - e. Sore throat worse from swallowing, ____ (1)
 - f. with an increased thirst, more than usual,____ (2)
 - g. And better from drinking cold water,____ (3)
 - h. And not better drinking warm water.____ (2)
 - i. The cough is a dry, barking cough.____ (3)
2. Burning pains and dryness as the predominant sensations in the body,____ (3)
3. Weakness or fatigue or vertigo as a predominant symptom,____ (2)
4. Body aches as a predominant feature in the patient,____ (2)
5. Emotionally:
 - a. Is the patient in good humors, in good moods, despite the flu,____ (3)
 - b. Does the patient want company and does not want to be alone, ____ (3)
 - c. Is the patient crying with the pain,____ (3)

Scoring

There are a total number of 38 points. For the prescription to be made and for the patient to have reached the threshold of inclusion for treatment with *Phosphorus* for the 2007-2008 season's flu, on this scale with these questions, patients would have had to score a minimum of 24 points.