



excerpts from ...Herscu Letter No. 112-113

**October 2006:**

In this **Letter**, I continue to present the *materia medica* of *Belladonna*, focusing on the symptoms of the body. The symptoms of the body are mostly well known, and are generally well described in our *materia medica*. However, I would like to focus on not just the symptoms, but the *reasons the symptoms are there in the first place*. You see, the symptoms of *Belladonna* are also the common symptoms of inflammation as manifest in many systems. As a result, any time a patient presents with an infection, it will in some respect resemble this remedy. Being able to accurately differentiate each of the elements as to how and why a patient has a particular symptom at a particular time, allows us to prescribe this remedy more effectively.

*Belladonna* is one of those remedies that beginning homeopaths give, and then as they become more experienced homeopaths give less. More experienced homeopaths come to appreciate the difference between true acute situations and acute flare-ups of underlying states and see that many of the times that they suspected *Belladonna* was needed, actually called for another remedy. This is a mistake of the pendulum swinging too far to the other side. The truth lies somewhere in the middle. This *is* in fact a very common remedy. This remedy should be given, even by constitutional homeopaths on a fairly regular basis. I hope the detailed description below helps put this remedy back into the minds of all prescribers.

In the time that it took me to write this **Letter**, we have been in the middle of an influenza epidemic where *Belladonna* helped approximately 60% of the patients. I had to prescribe *Belladonna* for over a dozen patients with acute problems, ranging from pneumonia in a child to toothaches in adults. This is a common remedy! Truly! And it is one that the constitutional homeopath should study deeply and understand from many angles.

Until next time,  
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