



**Current Epidemic Update:
February 9, 2007**

Dear Folks,

Just a quick note. This winter illness season has been both interesting and troublesome. It has not been severe, in one respect, as most people have not settled in with severe illnesses. However, many have had their illness be mild and extend for up to 3 months. So what we have is this mild, long lasting illness.

As I have watched the epidemics begin in California, move to Florida, Louisiana, and then spread out, I have also noted that the epidemics had begun with an unusual set of symptoms which are changing over time. After enough telephone calls and patients I decided to send this quick note, for whatever help it may offer.

The epidemic began (and continues into new areas) with an Antimonium tartaricum picture. The symptoms were not severe for most people and were not the dramatic symptoms commonly associated with the remedy. Nevertheless, people responded fantastically to it.

The epidemic transformed into several arms, depending on the part of the country, though it seemed like the most common remedies were Arsenicum album, Phosphorus, and for some Sulphur.

At this point it is changing once more. Depending on where you live you may find that one of these remedies is helping a lot. A distinctive element of this epidemic at this time is that while several remedies are showing up, as the epidemic is broadening out, there is one common denominator. The most common rubric that you should find your remedy in, the one that covers most of these cases is GENERALITIES, WEAKNESS, FEVER, DURING. All the remedies that are currently working are found in this rubric, which is a common rubric for most of the sufferers.

Also, please note that many of these people are having a bacterial superinfection. By the time some of these children find us, we notice a rash that they develop after a low level infection, and it is diagnosed as scarlet fever, so look out for that. Good luck.

As you know I had been writing about epidemics for about 2 decades, focusing on influenza since 1992. And as you know I had sent out large updates over the years, but had to stop due to

time constraints. I promised that I would send out quick notes if things got tricky. Well, they are that now.

Until next time,

Paul Herscu ND, DHANP

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